



# INTERNATIONAL RESEARCH JOURNAL OF COMMERCE, ARTS AND SCIENCE

*An Internationally Indexed Peer Reviewed & Refereed Journal*

Impact Factor\* : 2.9301

Ref: CASIRJ/2016/A1017787

DOI : [HTTPS://DOI.ORG/10.32804/CASIRJ](https://doi.org/10.32804/CASIRJ)

ISSN 2319 – 9202 (O)



THIS CERTIFIES THAT  
**DR. PARVEEN AHMED**  
HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON  
**EFFECT OF INTENSIVE CIRCUIT TRAINING ON EXPLOSIVE STRENGTH OF KABADDI PLAYERS**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 7 , Issue – 3 Mar , 2016



Editor in Chief

